



# What's new on Epping Forest

## March 2009

March is a month of recovery from the gloomy wintery months and an optimism that the summer days are not far away! We are focusing on March Hares and Rabbits Tales here in Epping Forest and have reflected this in some of our events and we hope to see you with a spring in your step!



### **Thursday 5 March**

**4.00 pm – 5.30 pm**

#### **Word Bunny Book Day**

*Queen Elizabeth Hunting Lodge*

An after-school twilight session of story-telling celebrating World Book Day and favourite fictional rabbits. 'Rabbit snacks' and juice drink for children/ tea for parents and a pass-the-parcel game for everybody who's been sitting comfortably.

*Recommended for under 8's but siblings are welcome.*

### **Saturday 7 March**

**12.00 p.m – 3.00 pm**

#### **Saturday Special: Run Rabbit Run!**

*Queen Elizabeth Hunting Lodge*

Pick up some Epping Forest Rabbit facts and make your own Epping Forest rabbit spinner to keep your rabbits safe in their burrow.

*A paper craft activity for ages 5-10 year olds.*



### **Sunday 8 March**

**11.00 am – 2.00 pm**

#### **Family Cycle – Epping Forest**

*Meeting at Chingford Railway Station Car Park*

Following our rabbit theme; come and experience the Forest in spring and meet our cycling Forest Keepers who will give advice and guidance about cycling in the Forest, and you may even see a rabbit or two!

*Suitable for the moderate cyclist of all ages. Must wear suitable clothing and bring refreshments & puncture repair kit (if possible). Length of ride – approximately 2 hours.*

### **Wednesday 18 March**

**7.15 pm – 9.00pm**

#### **Spring Lecture: Rabbit Tales – From Pillow Mounds to Rabbit Pies**

*Warren Meeting Room*

A virtual tour and talk around the Warren grounds and Pillow Mounds explaining the ‘rabbit history’ of Epping Forest.

Tickets are £5.00. Complimentary glass of wine at interval.

Booking enquiries: Telephone Visitor Centre 020 8 508 0028

### **Saturday 21 March**

**12.00 pm – 3.00pm**

#### **Come and meet the bunnies.**

*Visitor Centre, High Beach*

An opportunity to touch and feel some real rabbits, with experts on hand to talk about their diets and natural habitat.

*Suitable for all ages.*