



Epping Forest

Registered Charity



Gifford Trail

A circular walk across uneven ground which explores the newly-planted forest of Gifford Wood and the Buffer Lands of Oxleys and Potkiln Woods.

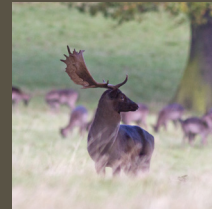
Start point:
Sergeant's Green Lane

Time:
Approximately 1 hour

Distance:
1.25 miles / 2 km



Gifford Wood was planted in 2013 by local volunteers and schoolchildren. We are grateful to late Lord Mayor Gifford, the Lord Mayor's Appeal and everyone who donated, allowing us to grow the Forest for future visitors.



The dark strain of fallow deer found in Epping Forest are thought to have been introduced to the Forest from Scandinavia by King James I. They tend to gather in small herds but can form much larger groups.



The English oak has leaves with irregular lobes and short stalks. Its bark becomes rugged and deeply fissured with age. Oak fruit, the acorn, is a favourite of squirrels.

- Gifford Trail
- Path
- Epping Forest Land
- Buffer Land
- P Parking
- ! Public house
- ▶ Trail entrance
- 🚏 Bus stop



This is one of 14 green spaces managed by the City of London at little cost to the general public.

Contact us (24 hours a day)
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Discover our other waymarked trails at:
www.cityoflondon.gov.uk/eppingforesttrails

- Lime Trail, Wanstead Flats
- Beech Trail, High Beach
- Hornbeam Trail, Leyton Flats
- Holly Trail, Chingford Plain
- Rowan Trail, Knighton Wood
- Willow Trail, Connaught Water
- Oak Trail, Theydon Bois
- Chestnut Trail, Wanstead Park