

COVID-19 Vaccine Transcript

0:00

hello i'm dr sandra husbands director of

0:03

public health

0:04

for the city of london and hackney i

0:06

want to encourage everyone

0:08

if you're invited to get the covid

0:10

vaccine to

0:11

take up the offer and get the vaccine

0:13

the vaccines are safe

0:14

and they're effective if you're

0:16

contacted by your gp

0:18

or would buy a letter from the nhs

0:20

please book and have your vaccine

0:23

the vaccines are safe i've had mine

0:30

so i know that some people might be

0:32

concerned that they think that the

0:34

vaccines were made in a rush

0:35

but i just want to reassure you that all

0:38

of the vaccines that are

0:39

in use in the uk have all been through

0:42

the same rigorous scientific processes
0:44
researchers from all over the world and
0:46
all these different pharmaceutical
0:47
companies working together in a way that
0:49
they never have before
0:50
normally you have to wait to get
0:52
decisions made and get funding approved
0:54
all those decisions was all done up
0:55
front because we knew that we needed the
0:57
vaccine
0:58
as the trials were going on we're
1:00
releasing some of the information along
1:02
the way
1:02
to the medicines and healthcare
1:04
regulatory agency or mhra
1:06
so they had the opportunity to make sure
1:08
that the trials were being carried out
1:09
in an appropriate way
1:11
but they had had information up front
1:13
and so they were able to make the
1:14
approval really quickly

1:16
and that's why we were able to get these
1:17
vaccines developed
1:19
made and approved very quickly and
1:21
released for use in the public
1:23
but they're just as safe as your flu
1:25
vaccine or any other vaccine that you
1:26
would normally take
1:32
i know some people are saying that they
1:33
would rather wait to have the vaccine
1:35
until more people have been vaccinated
1:36
or maybe their partner has been
1:37
vaccinated to see what happens
1:39
but there's no need to wait millions of
1:42
people have already been vaccinated in
1:43
this country from all different
1:44
backgrounds and hundreds of thousands of
1:46
people in the clinical trials
1:47
from across the world and all different
1:49
kinds of backgrounds
1:51
so you're not doing yourself any favors
1:53

by waiting
1:54
if you've been invited to have a vaccine
1:55
it's because your gp thinks you're a
1:57
vulnerable person to covid
1:58
and that you need to be protected by
2:00
having the vaccine you should
2:02
take up the offer and have the vaccine
2:04
as soon as possible don't wait for your
2:05
partner to be
2:06
vaccinated or for anybody else and don't
2:09
wait for
2:09
the oxford vaccine or the modern vaccine
2:12
all of the vaccines
2:13
regardless of who's making them are
2:15
equally effective what they all do
2:17
is reduce the most serious impacts of
2:20
covid19 disease
2:22
and that's what we're trying to do with
2:23
this whole vaccination program
2:25
is prevent the most serious illness and
2:27
harm from covid19

2:29
so get the vaccine don't wait
2:31
[Music]
2:35
like all vaccines the coronavirus
2:37
vaccines do have side effects
2:39
the most common side effect would be
2:40
some pain in your arm where you've had
2:42
the injection all you'd need to do about
2:43
that really is take some paracetamol
2:45
or if you can't take paracetamol another
2:47
painkiller and for some people
2:50
they may get a flu-like illness over the
2:52
next 24 hours or so
2:54
it won't cause any long-lasting side
2:57
effects
2:57
in a couple of people literally two
2:59
people in this country it's caused
3:01
serious allergic reactions
3:02
these are in people who have
3:03
pre-existing serious allergies
3:06
who carry epipens and for those people
3:09

people in that category who have a
3:10
serious allergy the nhs has put measures
3:13
in place
3:13
to make sure that a they're not given
3:15
the fisa vaccine
3:17
and b everybody who has the first
3:19
vaccine is observed for at least 15
3:21
minutes after they've had it
3:22
to make sure that they're not having an
3:24
anaphylactic or serious
3:26
allergic reaction so all of the measures
3:29
to make sure that any side effects can
3:31
be taken care of
3:33
are already put in place and actually
3:34
everybody who gets the vaccine will also
3:36
get given an information leaflet which
3:38
will tell you what to expect
3:40
about side effects and what to do if
3:42
your side effects don't seem to fit with
3:44
the
3:45
information on the sheet so to say again

3:48

this is a very safe vaccine but if you

3:50

do have any concerns about potential

3:52

side effects

3:53

please do talk to your gp beforehand

3:56

[Music]

3:59

i know some people are concerned about

4:01

what's in the vaccines and i just want

4:02

to reassure you that nothing unnecessary

4:05

goes into making these vaccines so

4:07

there's no animal products

4:09

particularly there's no pork products

4:10

and no egg products so these are

4:12

safe and they are appropriate for any

4:15

community

4:18

[Music]

4:21

there are lots of stories out there

4:23

about coronavirus and about the vaccine

4:26

and not all of them are credible and

4:27

reliable

4:29

it's really good that people are so

4:30

interested and that they want to find
4:32
out as much information as they can
4:34
but it's really important that you get
4:35
your information from reliable and
4:37
trusted sources
4:39
like your gp like the nhs
4:42
or dare i say it like me i've been a
4:44
doctor
4:45
for 33 years and i'm here to tell you
4:48
that the coronavirus
4:49
vaccine is safe that covid19 is a
4:52
horrible disease and that the vaccine
4:54
will protect you from the disease
4:55
the vaccine won't change your dna having
4:58
the vaccine won't mean that your dna is
5:00
taken and put on a database
5:02
it won't make you infertile what it will
5:05
do is protect you from the worst
5:08
outcomes of covid19 or ending up
5:11
in intensive care so get the vaccine
5:14
and protect yourself and protect the nhs

5:24
the vaccine is really good news at the
5:26
same time
5:27
we can't let up on all of our other
5:29
measures that we're taking to protect
5:31
each other against the virus
5:33
hands face space whether you've been
5:36
vaccinated or not you have to remember
5:38
to try and keep two meters distance away
5:40
from people to wash your hands regularly
5:43
with soap and water or use hand
5:45
sanitizer and
5:46
to wear a face mask when you're in
5:49
indoor spaces
5:51
these are the measures that we need to
5:52
take to stop spreading the virus between
5:54
people and remember not everyone will be
5:57
vaccinated for quite a long time and
5:58
even after everyone's been vaccinated in
6:00
this country
6:01
there may still be other people from
6:03

elsewhere who aren't
6:05
space is really important