



Easy
Read

About leaving hospital



Easy Read



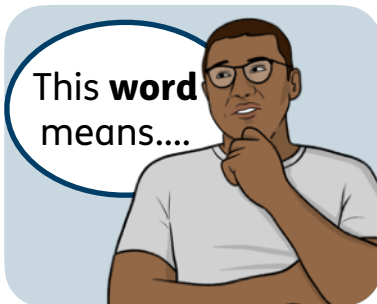
This is an Easy Read version of some information. It may not include all of the information but it will tell you about the important parts.



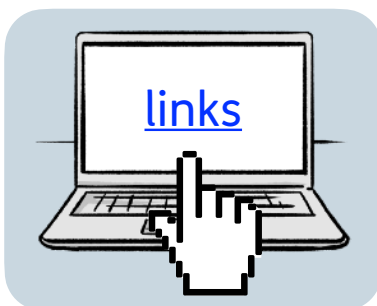
This Easy Read booklet uses easier words and pictures. Some people may still want help to read it.



Some words are in **bold** - this means the writing is thicker and darker. These are important words in the booklet.



Sometimes if a bold word is hard to understand, we will explain what it means.



[Blue and underlined](#) words show links to websites and email addresses. You can click on these links on a computer.

What is in this booklet

About this booklet	4
What to expect	5
Getting ready to leave hospital	7
Support that is available	9
What if you already use care services?	12
Paying for care services	13
Find out more	16

About this booklet

This booklet from City of London Corporation will tell you:



- What will happen when you are ready to leave hospital.



- What you need to think about when you are leaving hospital.



- About the help we can give you when you are ready to leave hospital.



- About the help we can give you at home.

What to expect



Before you leave hospital, staff will talk to you about what support you need.



They can talk to your family or other people who help look after you, if you want them to.



After you have left hospital we will:

- Keep looking after you at home, if you need us to.



- Keep doing some of our checks at your home.



This will help get you home and back to your usual life as quickly as possible.

Getting ready to leave hospital



You can talk to the staff on your hospital ward about what will happen when you get home.

You should think about:



- What support you might want when you get home.



- If your family and friends could help you.



- What your goals are for getting better at home.



You should also think about:

- How you will get home.

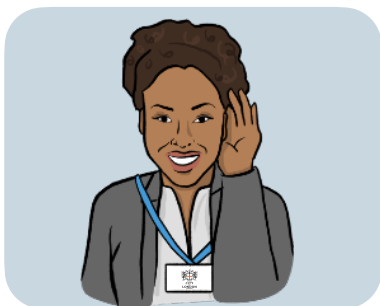


- Who will meet you when you get home.



You should talk to your friends and family about how they can help you.

Support that is available



We will listen to you and what you want when we make decisions about your support.

Reablement service



We might offer you a **reablement service**.

A **reablement service** gives you lots of help for a short time, to help you:



- Get used to doing daily activities again.

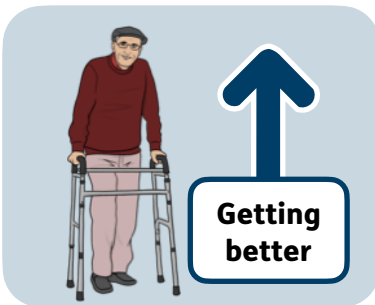


- Learn to do daily activities in a different way.

We will offer you a **reablement service** if:



- You have not had care services from us before.



- You want help to keep getting better.



Carers will come to your home and work with you to achieve your goals.



They will work with you for up to 6 weeks.



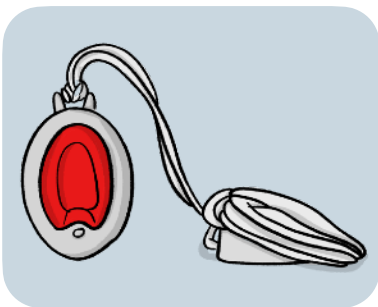
You will not have to pay for the reablement service.

Telecare



We might offer you a **Telecare** service.

Telecare uses alarms to help keep you safe if you live on your own. You wear some of the alarms.



Telecare has alarms like:

- Falls alarms.



- Smoke alarms.



You might have to pay for this service.

What if you already use care services?



If you used care services before you went into hospital, we will try and get the same people to look after you again.



If you cannot get the help you need at your home, we might ask you to move to a care home for a short time.



While you are in the care home we will talk to you about what should happen next.

Paying for care services



If you have not had care from us before, you will have to fill out a form called a **Financial Assessment form**.



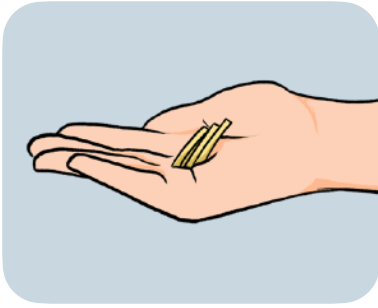
A **Financial Assessment form** is where you tell us about the money you have.



We use what you tell us on the form to decide if you need to pay for care.



We can help you fill out the form.



Most people pay nothing or not much for their care.



But if you have a lot of money saved you might have to pay for all of your care.



If you have to pay, you can organise your own care and support if you want to.



If you help look after someone else and do not get paid for it, you are a **carer**.

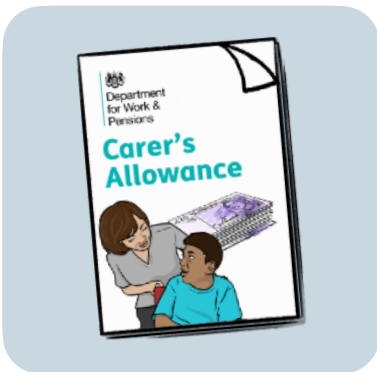
If you are a **carer**, you might be able to:



- Get help from Social Services.



- Get help from your doctor.



- Get some extra money, called **Carers' Allowance**.

Carers' Allowance is money from the government to help you keep caring for someone.

Find out more



You can look at our website here:
<https://www.cityoflondon.gov.uk/>

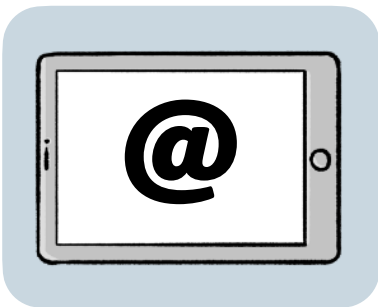
You can contact us by:



- Post:
Community and Children's Services
Guildhall, North Wing
PO Box 270
London
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- Phone: 020 7332 1224
You can call this number 9:00am to 5:00pm, Monday to Friday.



- Email:
adultsduty@cityoflondon.gov.uk

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