



Why cyclists must only use the tarmac roads at Burnham Beeches

WILDLIFE

- ◆ This National Nature Reserve is home to over sixty species of rare or endangered plants and animals.
- ◆ Off road cycling can cause severe local ground erosion, harming trees and other plants.
- ◆ Off road cycling disturbs the wildlife.

SAFETY

- ◆ Cyclists using paths designed for walkers can put themselves and other path users at risk.
- ◆ Ground erosion also makes paths difficult for walkers to use.
- ◆ Several off-road cyclists have had serious accidents, requiring hospital treatment.

Rangers will approach any visitors found cycling off-road and ask them to push their bikes back to tarmac roads.

Want to know more?

Our website has more information about the sites, copies of the management plans, details of volunteer tasks and events, trails and up-to-date news. You can also contact the Rangers at the Burnham Beeches Office (weekdays) on 01753 647358.

Finished with this fact sheet?

Please pass it on or put it back in the information point so someone else can use it.

Registered charity, no. 232987



Burnham Beeches and Stoke Common

CYCLING GUIDELINES

Cycling is an efficient, environmentally friendly form of transport and a great way to travel to Burnham Beeches. We hope that more and more visitors will come by bike instead of using their cars.



All cyclists are welcome to use the roads marked on the map overleaf. These are all surfaced with tarmac and the majority are closed to cars.

Burnham Beeches is a great place for youngsters to learn to ride and offers a car free short cut to the perimeter roads.

However, at just one square mile, and with 500,000 visits each year, this National Nature Reserve is too small to allow off-road cycling.

The only people allowed to cycle off-road are children learning to ride bikes. The adults with them should always be on foot.



Burnham Beeches is a National Nature Reserve, Site of Special Scientific Interest and European Special Area of Conservation; Stoke Common is a Site of Special Scientific Interest. They are owned and managed by the City of London.

www.cityoflondon.gov.uk/burnhambeeches

Cyclists and horseriders can help to look after Burnham Beeches by keeping to the tarmac roads

The first three roads shown in the key are tarmac roads that may be used by cyclists and horse riders. The roads marked in yellow are closed to traffic and are ideal for families or children learning to ride bicycles.



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|--|--|--|-------------------------------------|
| | Roads | | Horse and cycle riding also allowed |
| | Roads closed to all vehicles | | |
| | Roads closed to traffic (except disabled badge holders) | | |
| | Track | | Walkers only |
| | Main footpath | | |
| | Other path | | |
| | Easy access path | | |
| | Gate | | |
| | Fence. Caution: grazing animals may be found within the fenced areas | | |
| | Easy access gate and cycle grid | | |

