

The Oak has leaves that are almost stalkless, with deep irregular lobes, the fruit or acorns are supported on long stalks, the flowers are delicate curtains of yellow/green male catkins. New shoots have clustered buds.



*Quercus robur*  
English Oak  
Abundant except on marshy, chalky or very light soils.

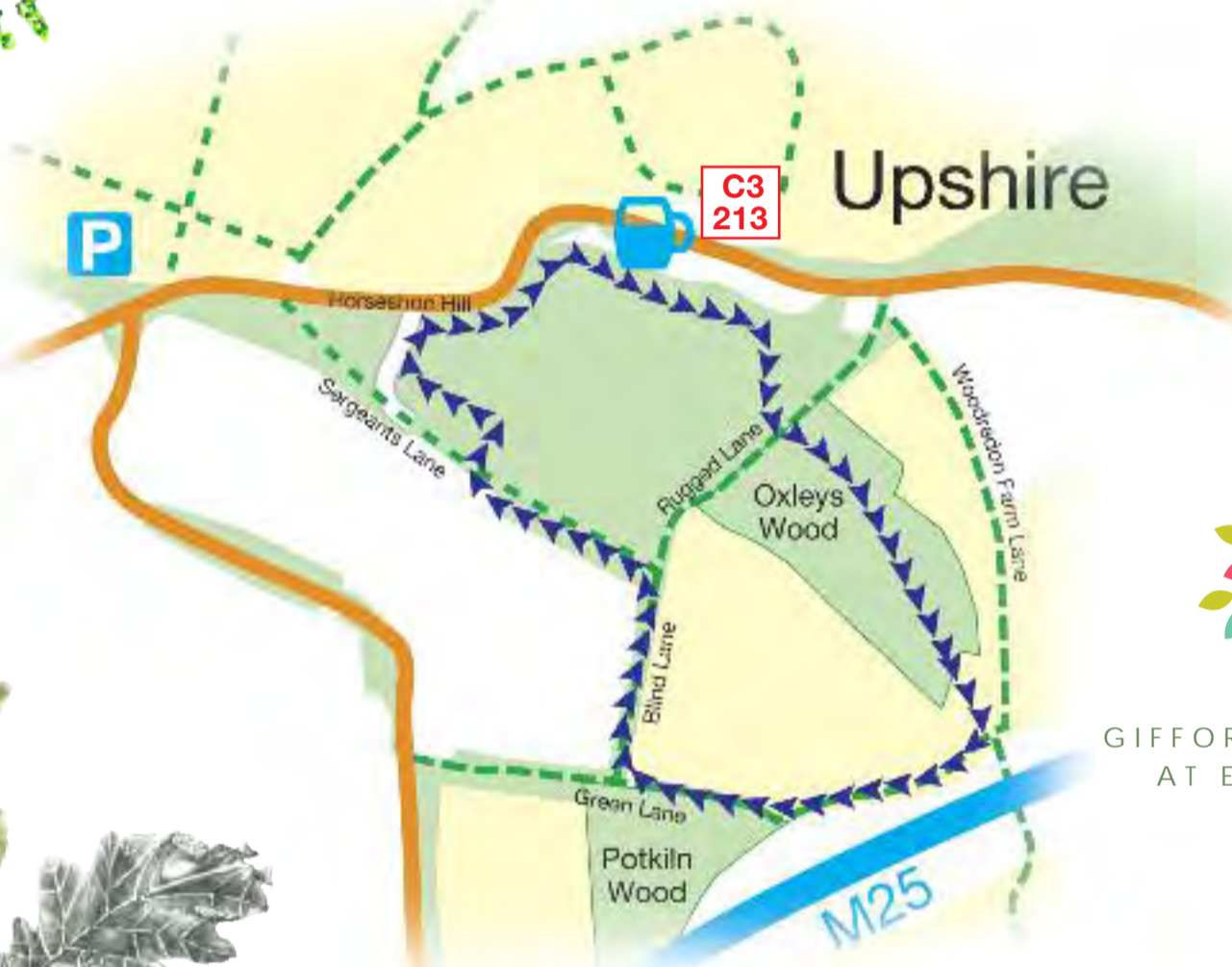
Follow the arrows, discover Epping Forest



*Rubus* Blackberry. Showing flower, bud and developing fruit, young leaves and mature leaf furled. *Rubus* typically grows around trees and through other foliage.



*Clitocybe gibbo* (*infundibuloris*)  
Common funnel cap.



GIFFORD WOOD APPEAL  
AT EPPING FOREST

- ▶▶▶▶ Trail route
- Public bridleway
-  The Horsehoes pub/start point
-  Parking
-  Bus route

- Start** Follow the alley next to 'The Horsehoes' pub to join the trail.
- Terrain** A circular route across uneven ground taking in the newly created Gifford Wood and the 'buffer lands' of Oxleys and Potkiln Woods.
- Time** Approximately 45 mins – 1 hour.
- Distance** 1.25 miles/2 km.

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## Enjoyed this one? Discover the others

The Lime Trail, Wanstead Flats  
The Chestnut Trail, Wanstead Park  
The Hornbeam Trail, Leyton Flats  
The Holly Trail, Chingford Plain

The Willow Trail, Connaught Water  
The Beech Trail, High Beach  
The Oak Trail, Theydon Bois  
The Rowan Trail, Knighton Woods

Download the maps:

[www.cityoflondon.gov.uk/eppingforestwalking](http://www.cityoflondon.gov.uk/eppingforestwalking)